

INDIVIDUAL TRAMPOLINE

Difficulty Card

NAME:	GROUP:	FLIGHT:	
CLUB:	NUMBER:	PANEL:	

	COMPULSORY								
	ROUTINE	S	*	ADJUSTMENT	DIFF				
1									
2									
3									
4									
5									
6									
7									
8									
9									
10									
		TOTAL							

VOLUNTARY								
	ROUTINE	S	*	ADJUSTMENT	DIFF			
1								
2								
3								
4								
5								
6								
7								
8								
9								
10								
		TOTAL						

GUIDANCE NOTES

Super League and 17+ League 1 competitors must * the moves they wish to gain difficulty for in their compulsory routine. Failure to * the moves will result in no difficulty being awarded.

League 1 Age Groups, League 2 and League 3 competitors must * all the required elements in their compulsory routine. Failure to do so will result in a 1.0 point deduction from every judge for every incorrect or missing *.

Routines must be completed either in English or FIG terminology.

It is the responsibility of the competitor to ensure that the routines are correct with correctly defined shapes.

When you sign in at the competition, you are taking responsibility for every member of your club for a given discipline. Please ensure that all competitors do not perform moves above your qualification.

		FIN	IAL		
	ROUTINE	S	*	ADJUSTMENT	DIFF
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
				TOTAL	



DOUBLE MINI TRAMPOLINE

Difficulty Card

NAME:					GROUP:		FLI	:GHT:	
\vdash							\dashv	-	
CLUB:					NUMBER:		PA	NEL:	
PRELI	PRELIMINARY PASSES								
DACC	MOUNT	DD	SPOTTER		DISM	TNUC	DD	TOTAL DD	
PASS 1									
PASS 2	MOUNT	DD	SPOTTER		DISMOUNT		DD	TOTAL DD	
FINAL	PASSES								
	MOUNT	DD	SPOTTER		DISM	OUNT	DD	TOTAL DD	
PASS 3									
	MOUNT	DD	SPOTTER		DISM	OUNT	DD	TOTAL DD	
PASS 4									

GUIDANCE NOTES

When you sign in at the competition, you are taking responsibility for every member of your club for a given discipline. Please ensure that all competitors do not perform moves above your qualification.



SYNCHRONISED TRAMPOLINE

Difficulty Card

PARTNER 1 NAME:	PARTNER 1 NAME:	GROUP:	FLIGHT:	
PARTNER 2 NAME:	PARTNER 2 NAME:	NUMBER:	PANEL:	

	COMPULSORY								
	ROUTINE	S	*	ADJUSTMENT	DIFF				
1									
2									
3									
4									
5									
6									
7									
8									
9									
10									
		TOTAL							

	VOLUNTARY							
	ROUTINE	S	*	ADJUSTMENT	DIFF			
1								
2								
3								
4								
5								
6								
7								
8								
9								
10								
		TOTAL						

GUIDANCE NOTES

Super league competitors must \ast the moves they wish to gain difficulty for in their compulsory routine. Failure to \ast the moves will result in no difficulty being awarded.

Synchronised Trampoline Age Group competitors must * all the required elements in their compulsory routine. Failure to do so will result in a 1.0 point deduction from every judge for every incorrect or missing *.

Routines must be completed either in English or FIG terminology.

It is the responsibility of the competitor to ensure that the routines are correct with correctly defined shapes.

When you sign in at the competition, you are taking responsibility for every member of your club for a given discipline. Please ensure that all competitors do not perform moves above your qualification.

		FIN	IAL		
	ROUTINE	S	*	ADJUSTMENT	DIFF
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
		TOTAL			